

Post-operative medical care



The following points of advice for cochlear implant recipients have been produced to assist with thorough post-operative care.

Things to consider immediately following surgery

- Avoid sudden head movements
- Keep your ear dry at all times
 - Get assistance when washing hair
 - Wear a shower cap
- Open your mouth if you need to sneeze
- Avoid straining or exertion
- Get plenty of rest
- Continue taking medications as ordered
- Seek medical advice if constipated
- Contact hospital if worried

Things to avoid immediately following surgery

- Swimming
- Blowing your nose
- Over exerting yourself
- Flying without your surgeon's permission

Please seek advice from your surgeon as to when the above activities are no longer a risk.

Symptoms to look out for

If you (or your child) experience any of the following symptoms, contact the Cochlear Implant Clinic on (03) 9929 8624. If out of hours, please visit the Eye and Ear Emergency Department, regardless of where the surgery took place.

- Soreness around the wound or in the ear
- Swelling or redness around the wound
- Liquid discharge coming from the ear or nose
- Loss of balance
- Numbness in the face



Who to contact if you have a concern

For any concerns, please contact:

Cochlear Implant Clinic

6th Floor, Smorgon Family Wing
32 Gisborne Street
East Melbourne VIC 3002
Ph: 03 9929 8624

For medical concerns, please visit the Eye and Ear Emergency Department or call 03 9929 8666.

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Post-operative medical care #205 | Owner: Cochlear Implant Clinic | Last published: 18/10/2018 |
Next review: 18/10/2021

