

Strategies for keeping hearing devices on



Be the boss

- Your child will soon learn that mum or dad are the boss of their hearing devices. This means that only mum or dad puts them on and takes them out, not your child.

Setting up a routine

- Your child needs to be wearing their hearing devices all waking hours to ensure they have every opportunity to learn to listen.
- It is important to get your child into a routine so they quickly learn that putting their hearing devices on and learning to listen is part of their lives.
- By routinely introducing hearing devices to your child, they will learn to accept them more quickly than if they only wear them half the time.
- Hearing devices should be the first thing put on in the morning and the last thing taken off at night try this tomorrow morning: Hearing Devices -> Nappy -> Singlet.

Distractions

- Attempt to put your child's hearing devices on when they are distracted, either by playing with you, or with a toy placed in their hand. Distraction reduces the chance of your child trying to pull the aids out.
- Remember to be close to your child when you are first using the devices. This will ensure that the hearing devices stay on, and maximises your voice quality for your child to hear.

Take baby steps

- Try to introduce wearing hearing devices gradually, the goal is full-time device use, but this may be hard to achieve at first.
- Trial putting the hearing devices on for increasing periods of time each day.

If you are having any difficulties with these strategies, please speak with your clinician at the Cochlear Implant Clinic.

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ELP – Strategies for keeping hearing devices on#114 | Owner: Cochlear Implant Clinic |
Last published: 17/07/15 |
Next review: 17/07/17

